

LEIGH  
SANCTUARY  
**DAY SPA** 

TREATMENT MENU 2023

☎ 01702 482224

🖱 [www.leighsanctuary.co.uk](http://www.leighsanctuary.co.uk)

## HOURS OF BUSINESS

Mon .....	10.00am - 3.00pm
Tues, Weds & Thurs .....	10.00am - 7.00pm
Fri .....	9.00am - 6.00pm
Sat .....	9.00am - 6.00pm
Sun .....	Closed

## GIFT VOUCHERS

Available at reception or [www.leighsanctuary.co.uk](http://www.leighsanctuary.co.uk)  
All courses of treatments and Gift Vouchers are valid for **12 MONTHS** and are non-refundable and non-transferable.

TREATMENTS AVAILABLE FOR LADIES AND GENTLEMEN

## PLEASE NOTE:

Please allow plenty of time to park and arrive in time for your treatment so you can relax beforehand. **Please be aware that we run to allotted appointments. If you are in excess of 10 minutes late you may forfeit your appointment and have to pay the full price.** Please advise us of any medical condition or allergies you may have when making your appointment.

## PARKING:

PLEASE NOTE: LEIGH SANCTUARY DOES **NOT** HAVE CAR PARKING FACILITIES.

## CANCELLATION POLICY

Please be aware that for some appointments and day spa packages, we require a 50-100% deposit when booking. This is non refundable, unless 48 hours, advanced notice is given for cancellation.

New clients: on your first visit full payment is required for your first treatment. **IN ADVANCE**

All other treatments require 24 hrs notice to cancel. Less than 24 hrs notice and full payment will be due.

Please **switch off your mobile phone** whilst in Leigh Sanctuary. They disturb the tranquil environment and are a disruption to the enjoyment of other clients.

We are GDPR compliant. Please ask for more details.

## STAFF

All of our staff are fully qualified, registered and insured.

## HANDS & FEET

Manicure with varnish/Gel .....	£25/£30
Luxury manicure with paraffin and varnish/Gel .....	£30/£35
Pedicure with varnish/Gel .....	£32.50/£37.50
Luxury pedicure with paraffin and varnish/Gel .....	£37.50/£42.50
Male Manicure .....	£20
Male Pedicure .....	£24
File & paint fingers varnish/Gel .....	£15/£20
File & paint toes varnish/Gel .....	£15/£20
Gel removal.....	£10
Callus Foot Peel Treatment with Varnish/Gel .....	£35/£40
Pedicure with Callus and Varnish.....	£45

N.B. Foot treatments - if you have a verruca or athletes foot please refrain from booking. Bring open toe shoes to wear home. Advise when booking if you have Shellac as this requires extra time.

## STRIP WAX / THREADING

Full Leg / 3/4 / 1/2 .....	£30/£25/£20
Full Leg & Bikini .....	£40
Half Leg & Bikini.....	£30
Bikini .....	£18
G-String .....	£22
Brazilian/Hollywood .....	£28/£30
Forearm.....	£20
Under Arm .....	£15
Eyebrow.....	£10
Upper Lip or Chin.....	£8
Lip & Chin.....	£14
Back Wax / Chest Wax For Men .....	£30
Threading/Eyebrow/Lip/Chin/Face From:.....	£10

## LYCON HOT WAX

Bikini .....	£30
G-String .....	£35
Brazilian/Hollywood .....	£42.50
Underarm.....	£20
Lip .....	£12
Nose hair .....	£10

## EYES/LASHES (Patch test required)

Eyelash Tint.....	£15
Eyebrow Tint.....	£10
Eyelash & Eyebrow Tint .....	£20
Eyebrow Wax & Tint .....	£19.50



**(Patch test required)\***

**\*HIGH DEFINITION BROWS**

A unique treatment for creating perfectly well-groomed, high definition eyebrows. The High Definition procedure transforms the way you look and more importantly, how you feel.

HD (High Definition) brows ..... £27.50

**\*LVL (Lift Volume & Lengthen) EYELASH PERM**

Lifts and straightens the lashes from the root also includes an

eyelash tint ..... £55

**\*LVL + High Definition BROWS Package**

Dual package that incorporates both the LVL Eyelash Perm, Eyelash tint and also an High Definition Brow treatment ..... £75

Please note: A patch test is required for both treatments.

LVL Patch test (Redeemed against treatment) ..... £25

\* A patch test is required for HD Brows & LVL if you have not had the treatment before or in the last 6 months

**MASSAGE**

Our therapists specialise in firm deep tissue massage suitable for both men and women. (25 mins unless stated otherwise).

N.B. Please mention if you prefer lighter pressure

Back & Neck .....	£35
Indian Head .....	£35
Full Leg And Foot.....	£35
Cellulite Massage .....	£35
Full Body Deep Tissue Massage (55 mins).....	£58
Full Body Deep Tissue Massage (85 mins).....	£79
Aromatherapy Massage (55 mins).....	£58
A blend of aromatherapy oils to suit your mood & condition	

**HOT STONE MASSAGE (Seasonal Oct - April)**

Full body (55 mins).....	£62.50
Back & Neck (25 mins) .....	£39.50

**EXFOLIATION**

Full Body Exfoliation (25 mins) .....	£35
Back Cleanse (25 mins) .....	£35

**PRE-NATAL / DRY SKIN WRAP**

Safe and relaxing for both mother and baby and can also help with stretch marks. Can be carried out after 12 weeks and up to the due date.

Full body skin brush, exfoliation, massage, pink mud envelope & relaxing face and scalp massage. 85 mins ..... £72.50

**ESPA PREGNANCY MASSAGE**

Can be carried out after 12 weeks - up to & past your due date.

Includes back exfoliation followed by a full body massage (positioned to aid your comfort) relieves muscle tension, swelling and helps with poor circulation, aches and pains. We use Espa nourishing oil which contains Vitamin E & Espa Smooth & Firm Body Butter.

Full body (70 mins) .....	£65
Espa Pregnancy Back & Neck Massage (25mins) .....	£35

**BODY WRAPS**

Espa Algae Wrap / Detox .....	£70
Espa Hip & Thigh (cellulite treatment) .....	£55

**REFLEXOLOGY**

One session (45 mins).....	£49
Course of 6 .....	£245

**THAI FOOT MASSAGE**

One session .....	£45
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## LEIGH SANCTUARY SIGNATURE FACIAL

The ultimate facial for rejuvenation, skin tightening and brightening includes...

- Personal 1-2-1 Lifestyle consultation
  - Deep cleanse
  - Skin lamp analysis using ultra violet lamp
  - Sonic Radio Frequency facial – concentrating on areas of concern
  - HL fruit acid face peel includes facial pressure point massage and drainage
  - Cleanse and moisturise
  - 1-2-1 personal recommendation
- (2hrs) ..... £145

## ESPA FACIALS

All Espa products are 98-100% natural. When having an Espa facial your therapist will carry out a smell test to determine which facial your skin requires.

- Espa Mini Facial (25mins) .....£35.90  
*Cleanse, exfoliation and mask*
- Espa Express Pro Facial (25mins) .....£35.90  
*Cleanse exfoliation and mask using the Espa Pro range*
- Espa Classic (55mins) .....£58  
Includes an essential clay formula mineral mask to calm and nourish. Deep cleanse exfoliation, facial massage with pressure points and drainage
- Espa Pro Facial (55mins).....£58  
Using the sonic brush for a deeper exfoliation
- Espa Age Defying (1hr 10 mins) .....£62.50  
Jasmine oil and a firming mask to help stimulate cell renewal, includes a ten minute back massage.
- Espa Back, face and scalp treatment (1hr 25mins) ..... £75  
Back Cleanse, exfoliation and massage to include a 1hr Espa facial and scalp massage
- Espa Natural Facelift Facial (1hr 25mins)..... £75  
A deep cleanse, exfoliation and facial massage using the Japanese kibodo massage technique which activates facial nerve cells and increases qi flow to the face, bringing about a natural facelift effect

## HOPI EAR CANDLE TREATMENT

With Massage .....£45  
To relieve blocked ears, sinus problems and tinnitus

**You can now book your treatment via our website  
or download the App.  
Please visit [www.leighsanctuary.co.uk](http://www.leighsanctuary.co.uk)**

## FRUIT HL PEELS - NATURAL SKIN PEELING

*Acid peels face/back by HL: Professional skincare. Individually prescribed to treat many skin problems. A free consultation to discuss your needs and problems, with specific aftercare for home use to carry on the treatment progress. A course of peels may be required to correct and balance the skins ph levels.*

## HL CLASSIC - FACE

*A multi -layer peel to treat acne, ageing and pigmentation .....£75*  
Course of 3 / Course of 6 .....£195 / £375

## HL JUNIOR

*For young problem skin and a clearer complexion*  
30 minute Facial using HL Active Products ..... £40

**HL CLASSIC - BACK PEEL .....£95**

## SONIC RF

The Sonic Laser uses radio frequency for long term non-surgical facial skin tightening by heating up the deeper layers of the skin. It stimulates the collagen causing it to tighten and plump. The results show healthier smoother toned skin, giving an overall younger appearance.

*Every area of the face can be treated & the popular ones are:  
Double chin, jowl, neck, brow lifting/forehead, fine line reduction around eyes /eyelid lift.Treatment includes: consultation, skin cleanse, tone, Sonic radio frequency, moisturise*

Trial SONIC RF Facial (55 minute) ..... (RRP £75) £50  
SONIC RF Facial..... £75  
Course of 6 ..... £375  
SONIC RF Facial Course of 3 plus  
1 HL Fruit Acid Peel..... £275

## DERMALIFT

Non-surgical Face Lift (Single session) .....£55

### Add ons

Lymphatic drainage ..... £18  
AHA (Alpha Hydroxy Acids) face peel ..... £12  
Collagen anti wrinkle mask infusion ..... £18

Course of 6 Dermalift\*\* ..... £275

*\*\*For best results initially have two treatments per week for three weeks*

3 X SONIC RF FACIAL & 3 X DERMALIFT ..... (Save £30) £360



## HAIR REMOVAL Elite + Cynosure® Laser Hair Removal

*With light-based hair removal you can get the touchable skin you've always wanted. The secret lies in the technology that targets and destroys hair cells responsible for hair growth without harming the surrounding skin. This treatment is fast, easy and practically pain free.*

Please note re all laser treatments: No fake tan, sunbed sessions or sun tanning two weeks prior, during and six weeks after course



Before



After 3 treatments



Before



After 2 treatments

## FACE

*(Per single treatment)*

Upper lip .....	£50
Chin .....	£60
Upper lip/chin .....	£95
Neck area from .....	£50
Side Burns .....	£60

## BODY

Underarm.....	£75
Full forearm/ ½ Forearm .....	£130/£70
Bikini .....	£70
G-string .....	£90
Brazilian .....	£115
Hollywood .....	£125
½ Leg .....	£160
Full leg.....	£250
Nipples .....	£50
Snail trail.....	£65

## MEN

Beard (from) .....	£90
Chest (from) .....	£150
Back-full.....	£190
Shoulder blades.....	£90
Neck/Back .....	£70

*BUY any course of 5 treatment sessions and get 1 FREE  
£30 Fee required for a patch test & consultation (non refundable)*



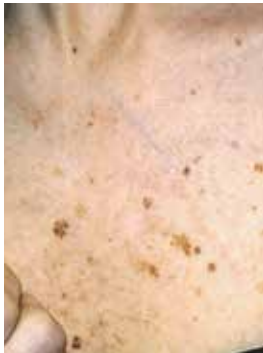


**PIGMENTATION & SUN DAMAGE**  
Elite + Cynosure®

For your face, decollete and hands.  
 Price is based on prior consultation to assess the area.  
 Starting from (per session)..... £60  
 Please book an initial assessment and patch test at Leigh Sanctuary  
 Patch test & full consultation (non refundable) ..... £30

Please note re all laser treatments: No fake tan, sunbed sessions or sun tanning two weeks prior, during and six weeks after course

*\* Will require a doctors note to go ahead with this treatment*



Before



After 2 treatments



Before



After 1 treatment



**THREAD VEIN FACE & LEGS**  
Elite + Cynosure®

Price is based on prior consultation to assess the area.  
 Starting from (per treatment) ..... £60  
 Please book an initial assessment and patch test at Leigh Sanctuary  
 Patch test & full consultation (non refundable) ..... £30  
 Number of sessions required will vary depending on results.

Please note re all laser treatments: No fake tan, sunbed sessions or sun tanning two weeks prior, during and six weeks after course



Before



After 4 treatments

*Remove unsightly leg veins*

*Non surgical treatment that's quick, safe and easy*

*Lose the veins and regain your confidence*

**Please visit our website at [www.leighsanctuary.co.uk](http://www.leighsanctuary.co.uk)**

## SONIC LASER Lipo for the Body

Get the results of liposuction without the surgery, pain, side effects or recovery time! This revolutionary technology contours, reshapes and firms your body treating "problem areas" where diet and exercise alone may not be able to achieve the results you are looking for.

*Laser lipo has the ability to break down the fat cell membrane, thereby releasing its fat content. The procedure gives a healthy and safe inch loss with skin tightening. It does not harm the body in any way and fat cells are left intact.*

One session (2 areas)+10 minute power plate .....£80  
 Eight Sessions .....£560  
 Twelve Sessions .....£720

*One session = 2 body areas @ 20 minutes per area + 10 minutes power plate session. To achieve the best result it is recommended that you have 2 sessions per week for 4 weeks*

*\* A Power Plate™ session MUST be taken after every ultra sound treatment & is included in the price.*

## LASER TATTOO REMOVAL

Patch test & full consultation (non refundable) ..... £30  
 Price is based on prior consultation to assess the area.  
 Number of sessions required will vary depending on results.  
 From .....£55

## PIERCING (Lobes only)

Ear Piercing incl. earrings & solution .....£35

## SKIN TAGS

A safe & easy way to remove unsightly skin tags  
 10 / 20 minutes ..... £55 / £85

**MILIA** Removal from .....£45

## ELECTROLYSIS

10 / 15 minutes..... £18/ £21

## RED VEIN TREATMENT\*

*We remove unsightly broken capillaries, blood spots & milia from the face, nose & cheeks. 10 / 20 minutes ..... £55 / £85*

*\*These treatments use a needle method*

## PEMF Pulsed Electro Magnetic Field Therapy

For the treatment of numerous conditions everything from pain relief to sports injuries

Introductory treatment (1hr).....£50  
 30 mins Mat plus 30 Minutes Pad (1hr) ..... £75  
 As an add-on to any massage or facial treatment .....£35  
 Course of three sessions ..... £195



**celluma**<sup>®</sup>  
 Light Therapy

ACNE | SKIN REJUVENATION | PAIN | WOUND HEALING\*

- Treats skin, muscle, joint & pain conditions
- Proven NASA researched technology ● Whole body wellness system
- Use anywhere on the body ● Unique patented design



Celluma LED facial 45 mins ..... £45

## TOP-TO-TOE PAMPER PACKAGE

*Relax and unwind with an all-over package that showcases the best in pampering...complete bliss!*

Back & neck massage, Espa classic facial, includes aromatherapy face, neck, shoulder and scalp massage  
Manicure & pedicure both with varnish ..... £130

## RETREAT PACKAGE

*Sit back and relax with a sumptuous retreat package guaranteed to soothe away the stresses and strains of modern life..*

Back & neck massage, Espa facial to include pressure point massage, Thai foot massage or Hopi ear treatment .....£115

## MINI HEALTH FARM PACKAGE

*Detoxify, relax and unwind with a luxurious Mini Health Farm Day. Perfect for pre-wedding treatments, birthdays or just to pamper yourself!*  
Detoxifying algae wrap, including: stimulating skin brushing, full-body exfoliation, massage with detox Espa oil, scalp massage, Espa classic facial, 60 minutes to relax to include a healthy lunch, luxury manicure, including hand massage and paraffin wax/varnish, luxury pedicure, including foot & leg massage and paraffin wax/varnish ..... £180

## HOLISTIC HEALTH PACKAGE

*The holistic health day is a complete spa package for body and soul. Relax and unwind in a state of physical and mental bliss.*  
Full body Espa aromatherapy massage, Hopi ear candle treatment, and Thai foot massage ..... £120

## HOLIDAY PACKAGE

*Our getaway maintenance package.*  
Full body exfoliation, bikini wax, eyelash tint, eyebrow wax, manicure and pedicure (both with varnish)..... £105

## MINI PAMPER PACKAGE

*Pamper, relax and revitalise in just 60 minutes.*  
20 minute back & neck massage, 20 minute Espa facial, nail file & paint .....£65

## TRIPLE TREAT

20 minute each: Indian Head / Back & Neck / Mini Facial .....£65

## SPORTSMANS PACKAGE (MALE)

*Ideal for the sportiest of chaps! Relax, relieve tension and revitalise tired feet..*  
Full body deep tissue massage to help with circulation problems, muscle joint pain and stress and male pedicure to remove hard skin, tidy nails, cuticle work, and a deep foot and calf massage..... £75



**BOOK OUR PAMPER SUITE  
FOR A MAXIMUM OF 5  
PEOPLE.  
BESPOKE PACKAGES  
AVAILABLE**

## DR'S CLINIC: ANTI WRINKLE INJECTIONS & FILLERS

Consultation .....	£50*
1 Area from .....	£180
2 Areas from .....	£250
3 Areas from .....	£300
Hyper Hydrosis (underarm) from .....	£395
Masseter (prevent teeth grind) from .....	£350
Lip Augmentation (0.5ml) from .....	£180
Cheek Augmentation (1.0ml) from.....	£300
Nasolabials from .....	£260

*\* The £50 consultation fee for new clients at time of booking will be deducted from the price if treatment is taken during the same visit*

B12 injection .....	£35
B7 Biotin injection .....	£80

Platelet Rich Plasma Therapy (PRP) from .....	£250
Medical micro-needling from .....	£150
Micro-needling stretch marks from .....	£300



